**Friends’ School**

**2024-2025 Week 1 Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|   | **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  |
| **Main Course 1**  | Beef Bolognese with Penne Pasta or Garlic Potatoes  | Chicken & Leek Pie with Creamy Mashed Potatoes  | Breaded Chicken Burger with Lemon Potatoes  | Beef Burger with French Fries  | Chicken Stir-Fry with Boiled rice or Baby Boiled Potatoes  |
| **Main Course 2**  | Margherita Pizza with Garlic Potatoes  | Roast Pork Sausages with Creamy Mashed Potatoes  | Chicken & Broccoli Pasta Bake with Lemon Potatoes  | Chicken Curry with Boiled Rice or French Fries  | Fish Fingers with Baby Boiled Potatoes or sliced bread (chilli sauce optional) |
| **Vegetarian**  | Penne Pasta with Spinach & Garlic sauce  | Bean Burger with Creamy Mashed Potatoes  | Cauliflower Cheese with Pasta or Lemon Potatoes | Vegetable Curry with Boiled Rice or French Fries  | Vegetable Stir- Fry with Rice or Baby Boiled Potatoes |
| **Sides**  | Steamed Vegetables  | Steamed Vegetables  | Mixed Vegetables   | Steamed Vegetables  | Garden Peas   |
| **Soup/ Sandwiches**  | Assorted Sandwiches & Salads Soup of the Day  | Assorted Sandwiches & Salads Soup of the Day  | Assorted Sandwiches & Salads Soup of the Day   | Assorted Sandwiches & Salads Soup of the Day   | Assorted Sandwiches & Salads Soup of the Day   |
| **Dessert**  | Raspberry & Custard Mini Cakes  | Chocolate Brownie  | Pineapple Upside Down Cake  | Apple & Raspberry Pie  | Chocolate Sponge with Chocolate Sauce  |

**Friends’ School**

**2024 – 2025 Week 2 Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|   | **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  |
| **Main Course 1** | Hot Dog with Oven Roast Potatoes  | Beef & Mushroom Pie with French Fries or Baked Potato  | Breaded Scampi with Oven Roast Potatoes or Pasta Salad | Beef Stew with Crusty Bread or Crushed Baby Potatoes | Chicken Fajitas with Boiled Rice  |
| **Main Course 2** | Tomato & Basil Pasta Bake  | Breaded Chicken Burger with French Fries or Baked Potato | Steak Burger with Oven Roast Potatoes or Pasta Salad | Baked Chicken Tenders with Crusty Bread or Crushed Baby Potatoes | Meatballs in Tomato Sauce with Boiled Rice  |
| **Vegetarian** | Tomato & Basil Pasta Bake  | Spicy Chickpea, Potato Frittatas  | Roast Vegetable Flat Bread with Oven Roast Potatoes or Pasta Salad  | Bean Burger with Crusty Bread or Crushed Baby Potatoes  | Vegetable Burrito with Rice  |
| **Sides** | Steamed Vegetables | Coleslaw  | Garlic Bread | Steamed Vegetables  | Sweetcorn  |
| **Soup/ Sandwiches** | Assorted Sandwiches & Salads Soup of the Day  | Assorted Sandwiches & Salads Soup of the Day   | Assorted Sandwiches & Salads Soup of the Day   | Assorted Sandwiches & Salads Soup of the Day   | Assorted Sandwiches & Salads Soup of the Day   |
| **Dessert** | Iced Sponge & Custard  | Apple Tart & Custard  | Fruit Crumble & Custard  | Butterscotch Mousse   | Cup Cake  |

**Friends’ School**

**2024 – 2025 Week 3 Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|   | **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  |
| **Main Course 1**  | Margherita Pizza with Oven Roast Potatoes  | Chicken Curry with Boiled Rice or Potato Wedges  | Shepherd’s Pie with French Fries | Sausage, Tomato & Bean Stew with Creamy Mashed Potatoes  | Pasta Bolognese  |
| **Main Course 2**  | Steak Burger with Oven Roast Potatoes  | Jumbo Pork Sausage Roll with Potato Wedges  | Hot Dog with French Fries | Oven Baked Breaded Cod with Creamy Mashed Potatoes  | Asian Steak with Noodles  |
| **Vegetarian**  | Grilled Cauliflower Florets with Romesco Sauce with Oven Roast Potatoes  | Teriyaki Mushrooms with Rice or Potato Wedges  | Thai Green Curry with Rice or French Fries | Vegetable Carbonara with Pasta & Garlic Bread  | Pasta with Tomato & Mushroom Sauce |
| **Sides**  | Steamed Vegetables | Baked Beans | Steamed Vegetables | Garden Peas | Garlic Bread |
| **Soup/Sandwiches** | Assorted Sandwiches & SaladsSoup of the Day | Assorted Sandwiches & Salads Soup of the Day   | Assorted Sandwiches & Salads Soup of the Day   | Assorted Sandwiches & Salads Soup of the Day   | Assorted Sandwiches & Salads Soup of the Day   |
| **Dessert**  | Apple & Raspberry Crumble & Custard  |  Creamy Rice Pudding & Fruit  |  Iced Sponge & Custard  | Chocolate Roulade |  Lemon Meringue Sponge & Custard   |

**Friends’ School**

**2024 – 2025 Week 4 Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|   | **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  |
| **Main Course 1**  | Beef Lasagne with Oven Roast Potatoes  | Roasted Pork Sausages with French Fries   | Chicken Curry with Boiled Rice or Oven Roast Potatoes  | Chicken, Tomato & Basil Sauce with Pasta  | Baked Haddock with Roast Potatoes  |
| **Main Course 2**  | Breaded Chicken Burger with Oven Roast Potatoes  | Ham, Mac & Cheese with Garlic Bread  | Beef Burger with Oven Roast Potatoes or Boiled Rice  | Roast Breast of Chicken with Creamy Mashed Potatoes and Gravy  | Flat Bread Pizza with Roast Potatoes  |
| **Vegetarian**  | Creamy Broccoli Pasta Bake  | Mac & Cheese with Garlic Bread | Vegetable Curry & Boiled Rice or Oven Roast Potatoes  | Tomato & Basil Pasta Bake  | Flat Bread Pizza with Roast Potatoes  |
| **Sides** | Coleslaw  | Steamed Vegetables | Steamed Vegetables | Sliced Carrots  | Garden Peas  |
| **Soup/ Sandwiches**  | Assorted Sandwiches & Salads Soup of the Day  | Assorted Sandwiches & Salads Soup of the Day  | Assorted Sandwiches & Salads Soup of the Day  | Assorted Sandwiches & Salads Soup of the Day  | Assorted Sandwiches & Salads Soup of the Day  |
| **Dessert**  | Berry & Apple Crumble  | Chocolate Fudge Cake & Custard  | Strawberry Cheesecake  | Traybake  | Raspberry & Coconut Slice  |