**Friends’ School**

**2024-2025 Week 1 Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Main Course 1** | Beef Bolognese with Penne Pasta or Garlic Potatoes | Chicken & Leek Pie with Creamy Mashed Potatoes | Breaded Chicken Burger with Lemon Potatoes | Beef Burger with French Fries | Chicken Stir-Fry with Boiled rice or Baby Boiled Potatoes |
| **Main Course 2** | Margherita Pizza with Garlic Potatoes | Roast Pork Sausages with Creamy Mashed Potatoes | Chicken & Broccoli Pasta Bake with Lemon Potatoes | Chicken Curry with Boiled Rice or French Fries | Fish Fingers with Baby Boiled Potatoes or sliced bread (chilli sauce optional) |
| **Vegetarian** | Penne Pasta with Spinach & Garlic sauce | Bean Burger with Creamy Mashed Potatoes | Cauliflower Cheese with Pasta or Lemon Potatoes | Vegetable Curry with Boiled Rice or French Fries | Vegetable Stir- Fry with Rice or Baby Boiled Potatoes |
| **Sides** | Steamed Vegetables | Steamed Vegetables | Mixed Vegetables | Steamed Vegetables | Garden Peas |
| **Soup/ Sandwiches** | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day |
| **Dessert** | Raspberry & Custard Mini Cakes | Chocolate Brownie | Pineapple Upside Down Cake | Apple & Raspberry Pie | Chocolate Sponge with Chocolate Sauce |

**Friends’ School**

**2024 – 2025 Week 2 Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Main Course 1** | Hot Dog with Oven Roast Potatoes | Beef & Mushroom Pie with French Fries or Baked Potato | Breaded Scampi with Oven Roast Potatoes or Pasta Salad | Beef Stew with Crusty Bread or Crushed Baby Potatoes | Chicken Fajitas with Boiled Rice |
| **Main Course 2** | Tomato & Basil Pasta Bake | Breaded Chicken Burger with French Fries or Baked Potato | Steak Burger with Oven Roast Potatoes or Pasta Salad | Baked Chicken Tenders with Crusty Bread or Crushed Baby Potatoes | Meatballs in Tomato Sauce with Boiled Rice |
| **Vegetarian** | Tomato & Basil Pasta Bake | Spicy Chickpea, Potato Frittatas | Roast Vegetable Flat Bread with Oven Roast Potatoes or Pasta Salad | Bean Burger with Crusty Bread or Crushed Baby Potatoes | Vegetable Burrito with Rice |
| **Sides** | Steamed Vegetables | Coleslaw | Garlic Bread | Steamed Vegetables | Sweetcorn |
| **Soup/ Sandwiches** | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day |
| **Dessert** | Iced Sponge & Custard | Apple Tart & Custard | Fruit Crumble & Custard | Butterscotch Mousse | Cup Cake |

**Friends’ School**

**2024 – 2025 Week 3 Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Main Course 1** | Margherita Pizza with Oven Roast Potatoes | Chicken Curry with Boiled Rice or Potato Wedges | Shepherd’s Pie with French Fries | Sausage, Tomato & Bean Stew with Creamy Mashed Potatoes | Pasta Bolognese |
| **Main Course 2** | Steak Burger with Oven Roast Potatoes | Jumbo Pork Sausage Roll with Potato Wedges | Hot Dog with French Fries | Oven Baked Breaded Cod with Creamy Mashed Potatoes | Asian Steak with Noodles |
| **Vegetarian** | Grilled Cauliflower Florets with Romesco Sauce with Oven Roast Potatoes | Teriyaki Mushrooms with Rice or Potato Wedges | Thai Green Curry with Rice or French Fries | Vegetable Carbonara with Pasta & Garlic Bread | Pasta with Tomato & Mushroom Sauce |
| **Sides** | Steamed Vegetables | Baked Beans | Steamed Vegetables | Garden Peas | Garlic Bread |
| **Soup/Sandwiches** | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day |
| **Dessert** | Apple & Raspberry Crumble & Custard | Creamy Rice Pudding & Fruit | Iced Sponge & Custard | Chocolate Roulade | Lemon Meringue Sponge & Custard |

**Friends’ School**

**2024 – 2025 Week 4 Menu**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Main Course 1** | Beef Lasagne with Oven Roast Potatoes | Roasted Pork Sausages with French Fries | Chicken Curry with Boiled Rice or Oven Roast Potatoes | Chicken, Tomato & Basil Sauce with Pasta | Baked Haddock with Roast Potatoes |
| **Main Course 2** | Breaded Chicken Burger with Oven Roast Potatoes | Ham, Mac & Cheese with Garlic Bread | Beef Burger with Oven Roast Potatoes or Boiled Rice | Roast Breast of Chicken with Creamy Mashed Potatoes and Gravy | Flat Bread Pizza with Roast Potatoes |
| **Vegetarian** | Creamy Broccoli Pasta Bake | Mac & Cheese with Garlic Bread | Vegetable Curry & Boiled Rice or Oven Roast Potatoes | Tomato & Basil Pasta Bake | Flat Bread Pizza with Roast Potatoes |
| **Sides** | Coleslaw | Steamed Vegetables | Steamed Vegetables | Sliced Carrots | Garden Peas |
| **Soup/ Sandwiches** | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day | Assorted Sandwiches & Salads  Soup of the Day |
| **Dessert** | Berry & Apple Crumble | Chocolate Fudge Cake & Custard | Strawberry Cheesecake | Traybake | Raspberry & Coconut Slice |